



## CALENDAR DATES & INFORMATION

### February 2018

This term has seen a flurry of activity already with the children taking part in several different events and workshops. Year 3 took part in an interactive Lego robotic workshop, the remainder of Year 5 visited Hazard Alley and Apple and Maroon classes held very successful coffee mornings in the family room. Learning has never been so much fun! Remember to visit our website frequently to keep up to date with what's happening at Surrey Street Primary School.

### Mental Health Week: Monday 5th – Friday 9th February

When we have a positive view of ourselves, it can help us to cope with life's challenges, and recognising the different qualities of others can allow us to connect with those around us - which is vital for our own and others' wellbeing. Here at Surrey Street Primary, we take everyone's wellbeing seriously so the WBT have devised a week of exciting activities to help encourage mental happiness. If you have good mental wellbeing you are able to:

- feel relatively confident in yourself and have positive self-esteem
- feel and express a range of emotions
- build and maintain good relationships with others
- feel engaged with the world around you
- live and work productively
- cope with the stresses of daily life
- adapt and manage in times of change and uncertainty



So what's happening throughout the week?

**Monday-** The launch of our mental health week and the start of our Wellbeing house point sheet– a set of quick daily activities to make you feel good! Parents are encouraged to take part alongside their children in this activity.

**Tuesday-** Family Yoga in the hall. Come and join your child/children in exhaling those negative vibes and have some fun! Family Games in class. Classic board games to get you and your children thinking, working together and smiling.

\*\* Refreshments will be available in the family room throughout the day \*\*



FAMILY YOGA	
Year group:	Time:
Early Years	1:15pm-1:30pm
Year 1	1:30pm-1:45pm
Year 2	1:45pm-2:00pm
Year 3	2:30pm-2:45pm
Year 4	2:45pm-3:00pm
Year 5	3:00pm-3:15pm
Year 6	3:15pm-3:30pm

FAMILY GAMES AFTERNOON	
KS2	Early Years & KS1
1:30pm-2:30pm	2:30pm- 3:30pm



**Wednesday-** The children will be taking part throughout the day in special activities devised by the charity CHUMS.

**Thursday-** The children will be venturing into our woods to place a wish on our wellbeing tree. The children will write on their tree ribbon how they hope to achieve their future wish. Throughout the day a disco will be taking place in the hall– everyone knows dancing makes you feel good!

**Friday-** The final day of our mental health week. Children are encouraged to 'wear bright colours' for a £1 donation in a special non school uniform day to help raise money for mental health charities.

Every lunchtime throughout the week, different staff will join the children for lunch. This is a great opportunity for everyone to get together, exchange stories and talk about their day. What a wonderful way to end the week!

*\* Every day, during break time at the KS2 entrance there will be a KS2 Fruit Stall where fruit will be on sale for 20p each. Yum! \**



Milk for next term is **£6.00**



Please put money in a sealed envelope with the child's name and class on the front by **Wednesday 7th February**.



Please post your envelope in the red letterboxes.



### A twist on a classic- Cinderella in Polish



On Thursday 11th January, our reception children were treated to the wonderful story- Cinderella- but with a difference!

It was read aloud by one of our parents in Polish. Despite the language barrier, all the children were totally engrossed in the tale and thoroughly enjoyed the experience. Wonderful!

### Lights, Camera.... Skipping?



Skip Beatz is a unique form of high-intensity exercise entertainment, fusing skipping skills with fast-paced music and ultraviolet lighting run by PT Denis. PT Denis runs his unique skipping club afterschool at Surrey Street Primary and also helps some pupils with his 'exercise behaviour' programme. Recently, BBC Look East visited Surrey Street with their cameras to film one of PT Denis's behaviour sessions and the afterschool skipping club. BBC Look East interviewed PT Denis about his recent Guinness world record for the most crossovers with a skipping rope in 60 seconds and about his hike up a mountain! To watch the clip, simply type 'Skip Beatz' into YouTube.

### A wee competition.....

To help improve the condition of our bathrooms, WBT set the children a challenge! To design a poster promoting good 'Toilet Etiquette.' Winning posters will be displayed in the bathrooms around the school. Congratulations to our winners:

- Simina- Cardinal
- Mya- Maroon
- Archie- Ruby
- Jonah- Strawberry
- Iara- Scarlet
- Tehya- Garnet



#### BATHROOM EXPECTATIONS

<b>BE RESPECTFUL</b>	- Allow for privacy - Flush toilet
<b>BE RESPONSIBLE</b>	- Use toilet quickly and quietly - Keep bathrooms clean
<b>BE SAFE</b>	- Use pass when alone - Wash hands, keeping water in sink

## Dates for your Diary

### Spring Term

Monday 19th February - Thursday 29th March

### Half Term

Monday 12th - Friday 16th February

### Bank Holidays

Friday 30th March & Monday 2nd April

### Easter Holiday

Tuesday 3rd - Friday 13th April

### Training Day

Monday 16th April

### Back to School

Monday 19th February

### Year 6 Kingswood Payment Due

A further payment of £20 is required

### Friday 2nd February

Learner of the Month Assembly

### Monday 5th—9th February

Mental Health Week

See front page for parent activities

### Wednesday 7th February

Parents Evening- 3.45-5.55 pm

### Thursday 8th February

Parents Evening- 3.45-5.45 pm

All classes *except* Magenta Class:

Alternative date to follow.

### Friday 9th February

Non School Uniform Day- £1 for Mental Health Charities; Wear Bright Colours!

### Monday 19th February (£5)

EYFS visit to Man-Ho Chinese Restaurant

### Thursday 22nd February (£10)

Year 4 Trip to Whipsnade Zoo

### Friday 23rd February

Ruby Assembly

### Monday 26th February (Free)

EYFS 'Out of Space' workshop

## SAVE THESE NUMBERS IN YOUR PHONE ...



OFFICE = 01582 74 88 10

TEXT = 01582 38 00 14

Any enquiries regarding school dinners, please call 01582 748818

[www.surreystreetprimary.com](http://www.surreystreetprimary.com)

